

## Future-Proof Your Career – Self-Assessment

Evaluate your readiness for the future of work.

Use this self-assessment to identify your strengths, gaps, and opportunities to thrive in a rapidly changing job market.

---

### 1. Self-Reflection: Where Are You Now?

- What are your top 3 strengths that help you succeed at work?  
*Example: adaptability, communication, problem-solving.*
- Which of your current skills are most at risk of becoming obsolete?  
*Think about repetitive tasks or outdated tools.*
- What motivates you most in your career right now?  
*Purpose, growth, stability, autonomy?*

---

### 2. Skill Gap Check: What's Missing?

- Which high-demand skills are you currently lacking?  
*Examples: data literacy, AI tools, project management, UX design.*
- How do your current skills align with emerging job roles in your industry?  
*Are you positioned for roles that are growing or declining?*
- Have you identified any “evergreen” skills you want to strengthen?  
*Such as emotional intelligence, critical thinking, or digital communication.*

---

### 3. Career Alignment: Are You Future-Fit?

- Does your current role offer opportunities to learn and grow?  
*Are there clear paths for development or promotion?*

- Are you building a professional network that supports your future goals?  
*Mentors, peers, industry communities?*
  - Do you feel confident navigating change and uncertainty in your work?  
*Why or why not?*
- 

#### 4. Action Plan: What's Next?

- What is one skill you will commit to learning in the next 30 days?  
*Be specific: e.g., complete a course on AI fundamentals.*
  - What is one habit you will build to stay future-ready?  
*Example: weekly learning sessions, following industry news, attending webinars.*
  - Who can support your growth?  
*Mentor, manager, peer group, online community?*
- 

#### Bonus: Quick Future-Proofing Checklist

- I regularly update my skills and knowledge.
  - I use AI or digital tools to enhance my productivity.
  - I have a clear vision for my career path.
  - I actively seek feedback and mentorship.
  - I adapt well to change and uncertainty.
  - I invest time in building my personal brand (e.g., LinkedIn, portfolio).
  - I'm aware of trends shaping my industry.
  - I have a learning plan for the next 6–12 months.
- 

Tip: Treat your career like a project. Assess, plan, and iterate regularly.  
For more tools and resources, visit: [jobfuturist.com](https://jobfuturist.com)